

OT, OT WHAT DO YOU SEE?  
PLEASE SHARE WITH ME!

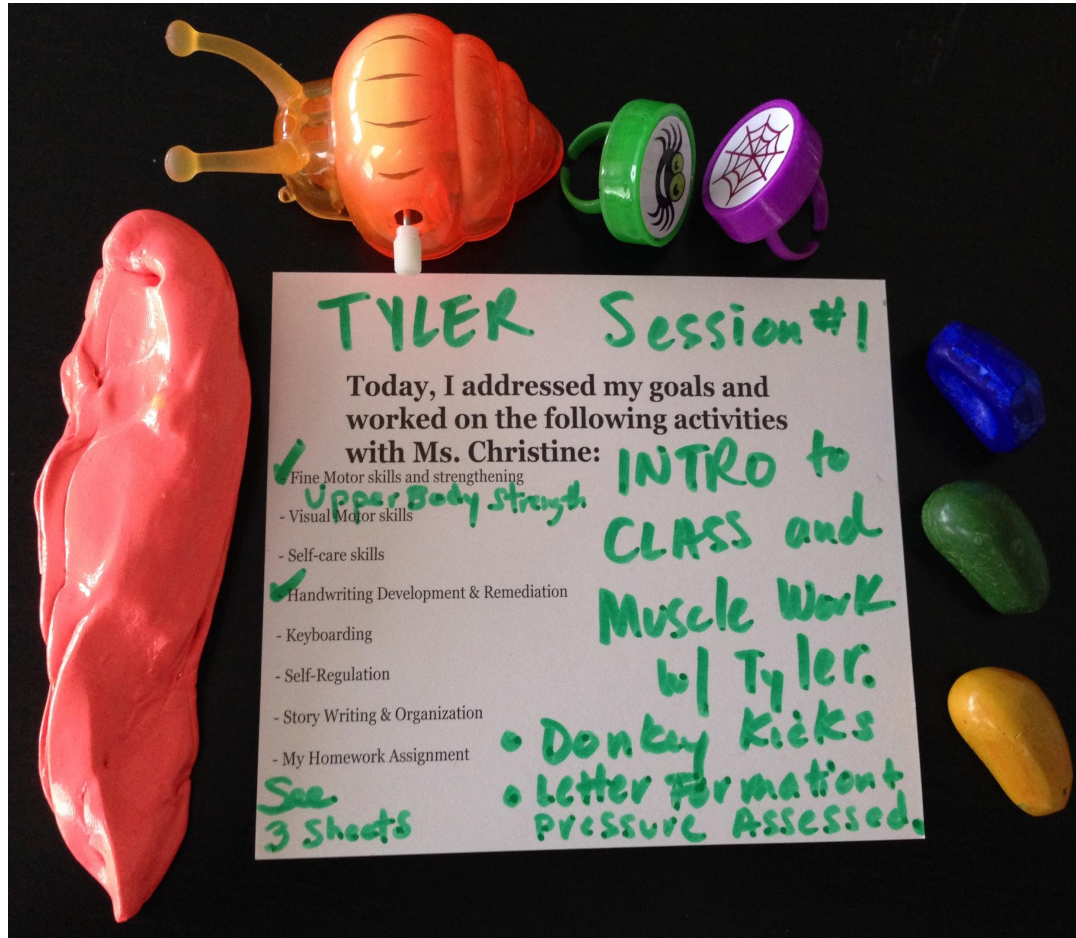
**Handwriting and Keyboarding Tips for Learners with  
Autism**

# AGENDA

9:15-10:45

**WARM-UP ACTIVITIES for WRITING & KEYBOARDING**

# MY GOALS WITH HANDWRITING & KEYBOARDING



# A FEW OF MY FAVORITE THERAPY THINGS.....





# POST IT NOTES

- "A - HA" IDEAS
- LOOKING FOR TAKE HOME IDEAS TODAY!
- CHILDREN/STUDENTS ON YOUR MIND

POSITIONING: HEAD,  
SHOULDERS, KNEES  
AND TOES

# LET'S WARM UP!

- Big Muscles: Brain Gym activities, Animal Walks
- Marching >> Sitting and Stomping Feet
- Small Muscles: Finger Plays
- Fingertip Tapping, Rubbing Hands Together

# FINGER PLAYS & HAND CLAPPING SONGS

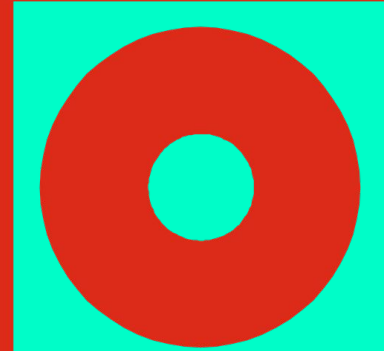
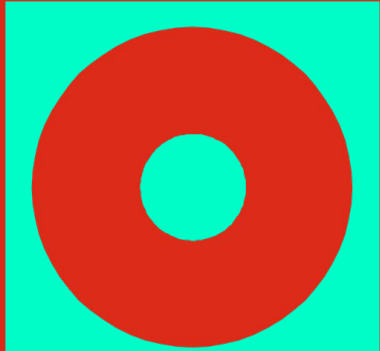


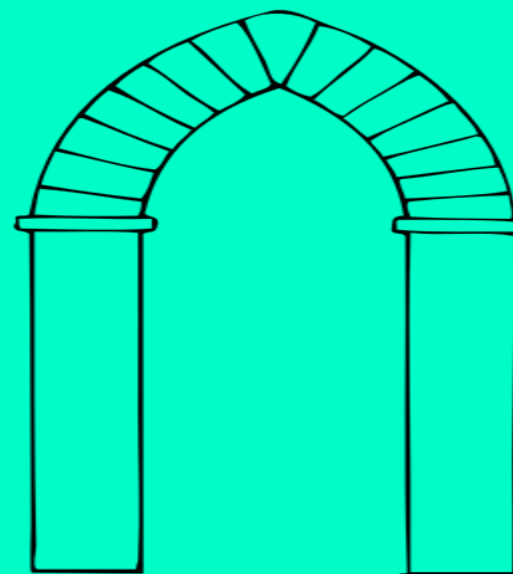
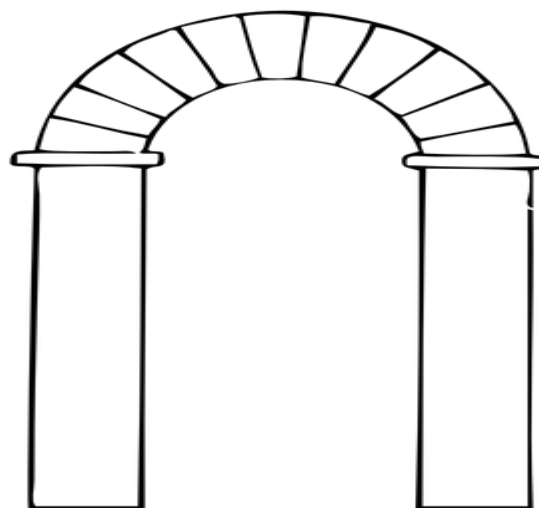
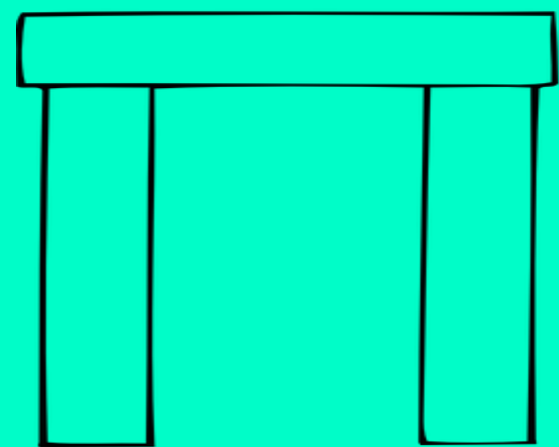
**How Many Do you Know?**

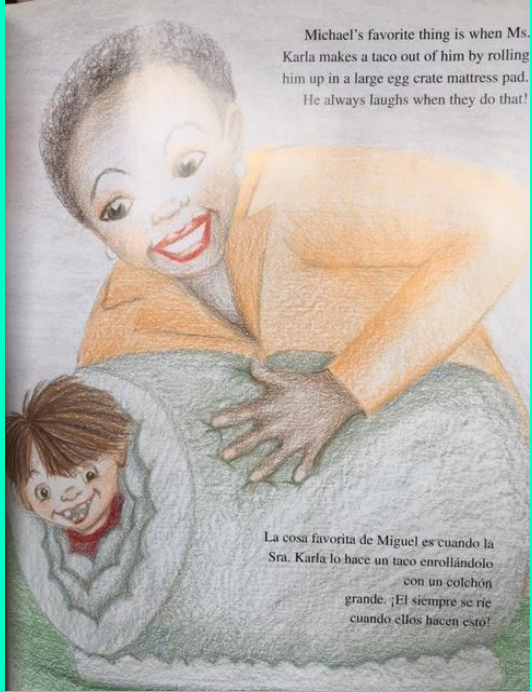
HAND ANATOMY:  
"SEPARATE" THE  
HAND INTO QUIET &  
TALKING PARTS



LET'S PRACTICE. REST  
YOUR PINKY SIDE  
ON THE TABLE.





An illustration of a woman with short dark hair, wearing an orange shirt, smiling as she rolls a young child into a large, grey, egg crate mattress pad. The child is peeking out from inside the pad, also smiling. The background is a light, textured grey.

Michael's favorite thing is when Ms.  
Karla makes a taco out of him by rolling  
him up in a large egg crate mattress pad.  
He always laughs when they do that!

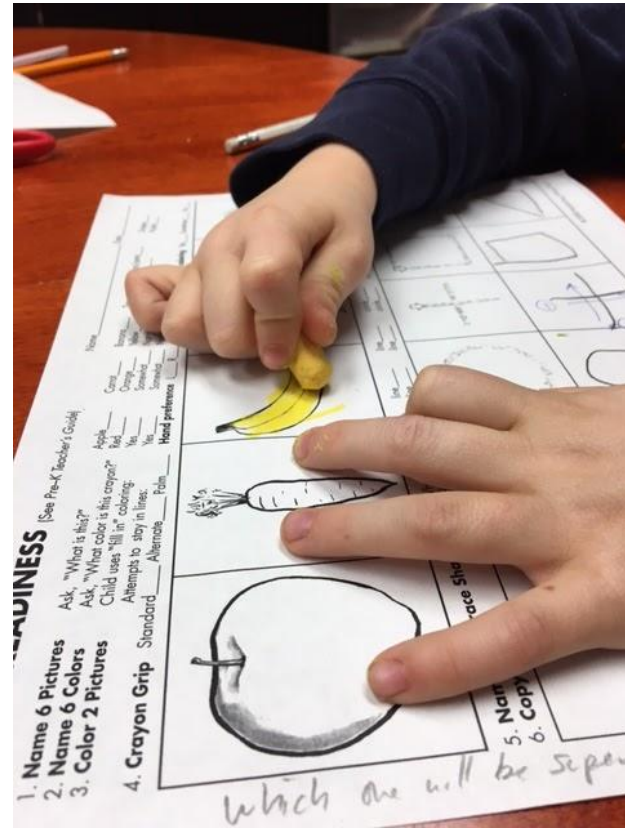
La cosa favorita de Miguel es cuando la  
Sra. Karla lo hace un taco enrollándolo  
con un colchón  
grande. ¡El siempre se ríe  
cuando ellos hacen esto!

DEEP PRESSURE  
IS  
CALMING.  
SIT CLOSE.

# FOR WRITING: PINCH, PUSH, PRESS, DRAG!

- Tracing
- Highlighter
- Modeling
- Wet tracing
- Chalk  
Use ("Rainbow Writing")
- Paintbrush





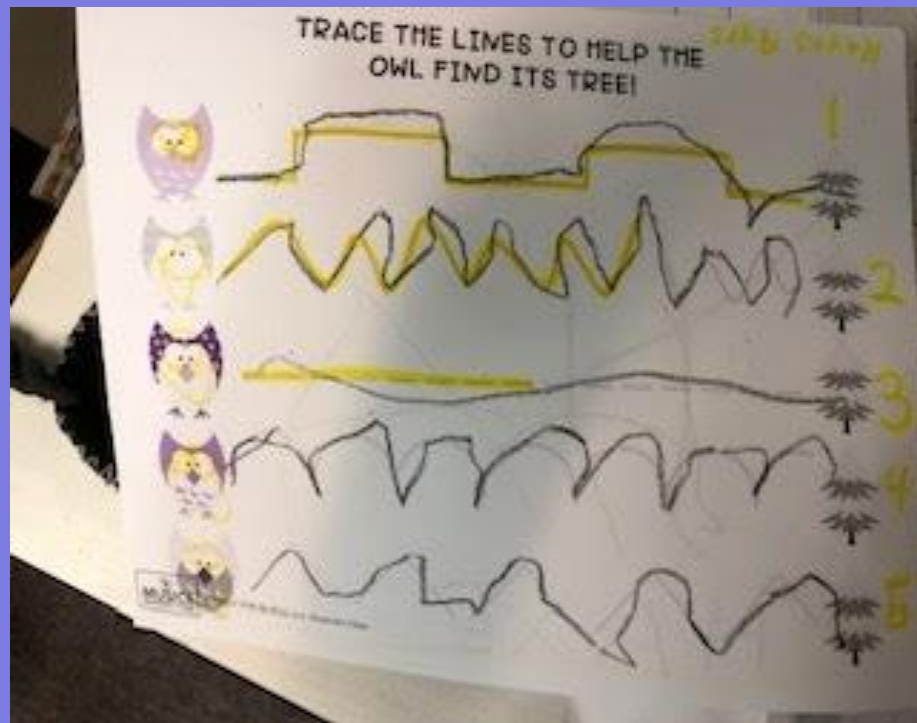
COLORING HAS BENEFITS!



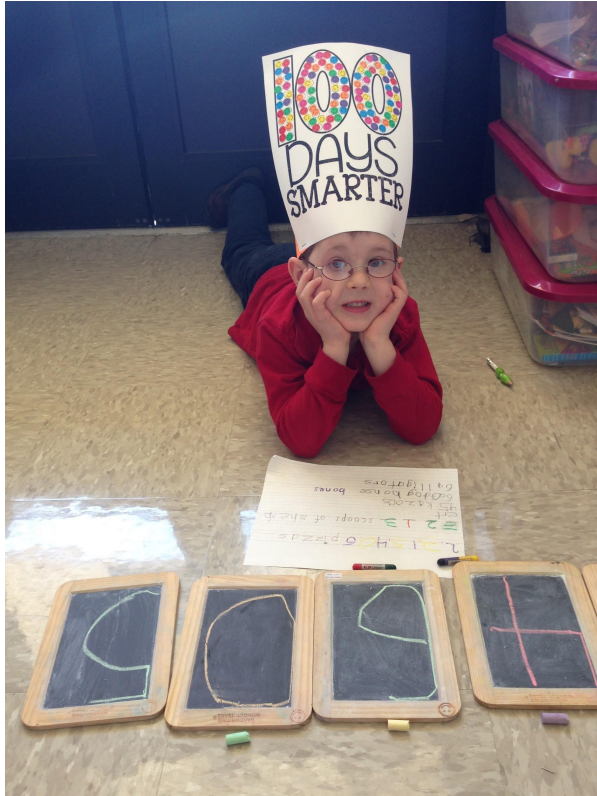


WHEN A CHILD HAS A DIFFERENT GRASP

# TRACING



# HANDWRITING WITHOUT TEARS SLATES





# UPPERCASE LETTER FORMATION

Ideas to Try  
for Handwriting Development







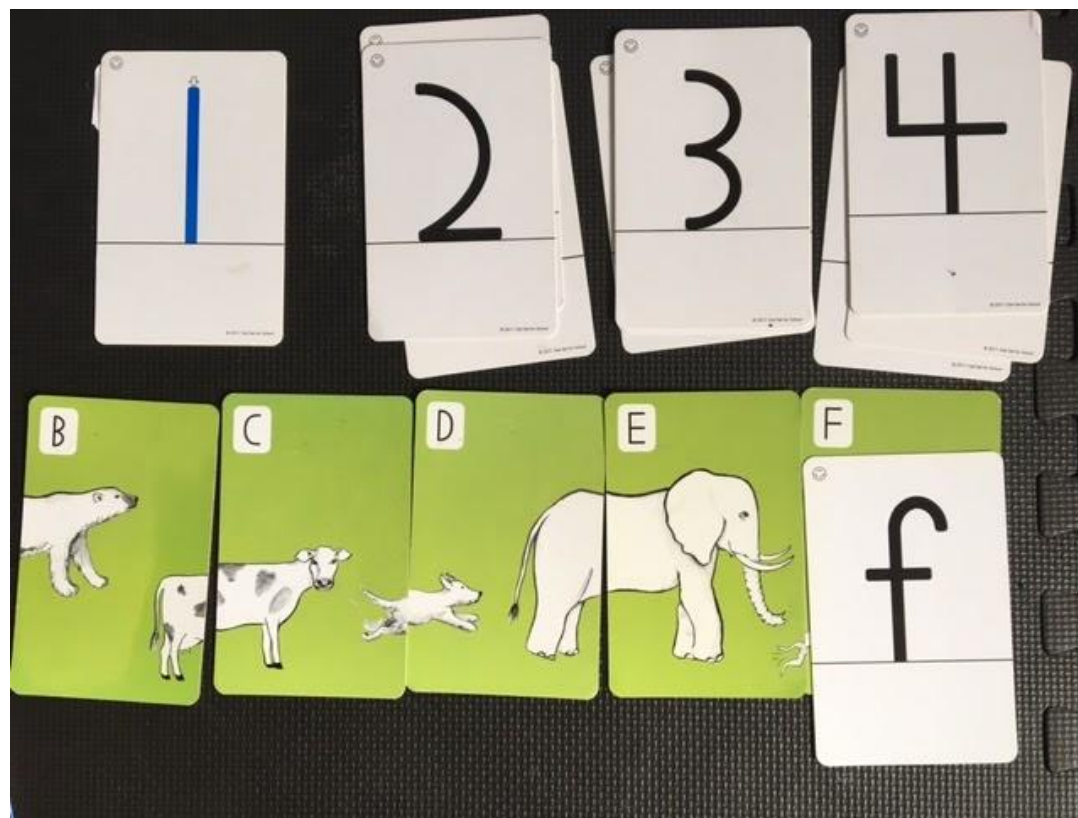


# GRAY BLOCK PAPER

Learning Without Tears

\*LET'S PRACTICE







IT'S TIME TO PRACTICE LOWERCASE

PRE WRITING >>>

LETTER AND #>>>

WRITING WORDS!

# START WITH LARGE WRITING

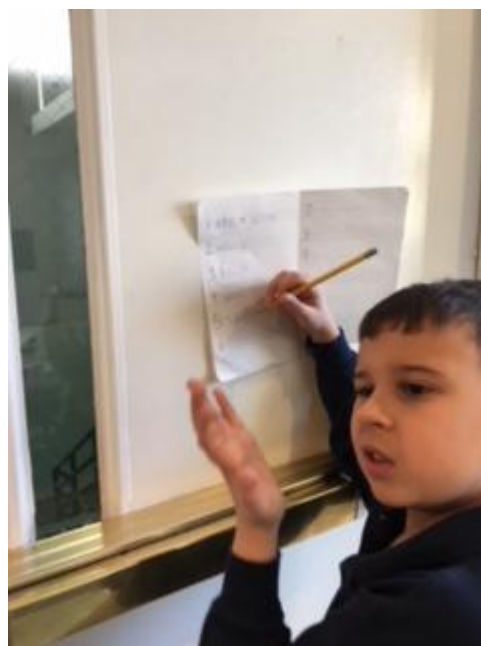
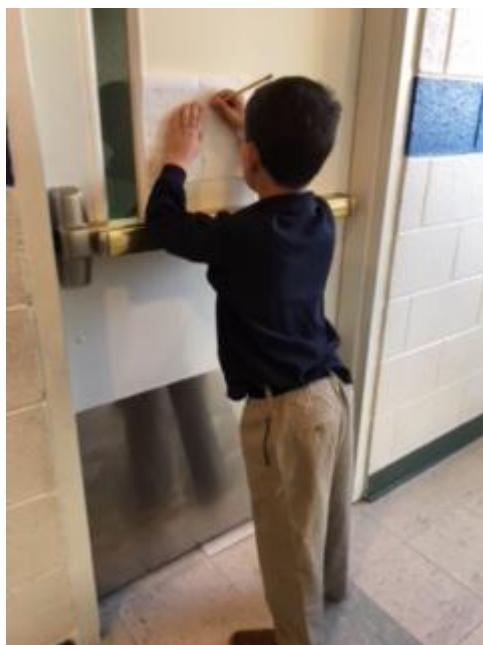
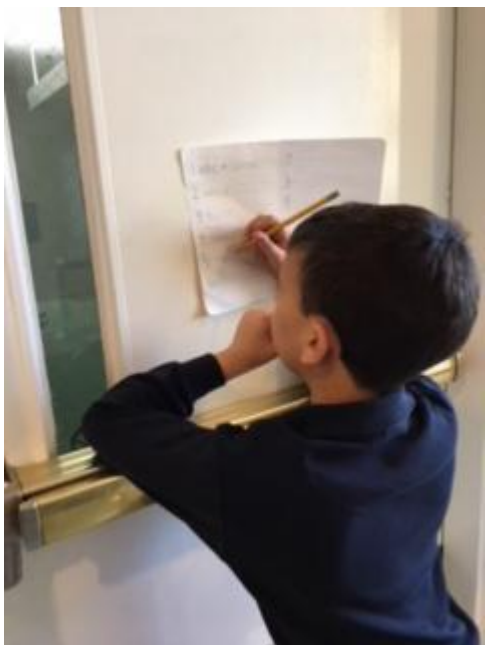
**Then ONTO Little Muscles & Smaller Writing**



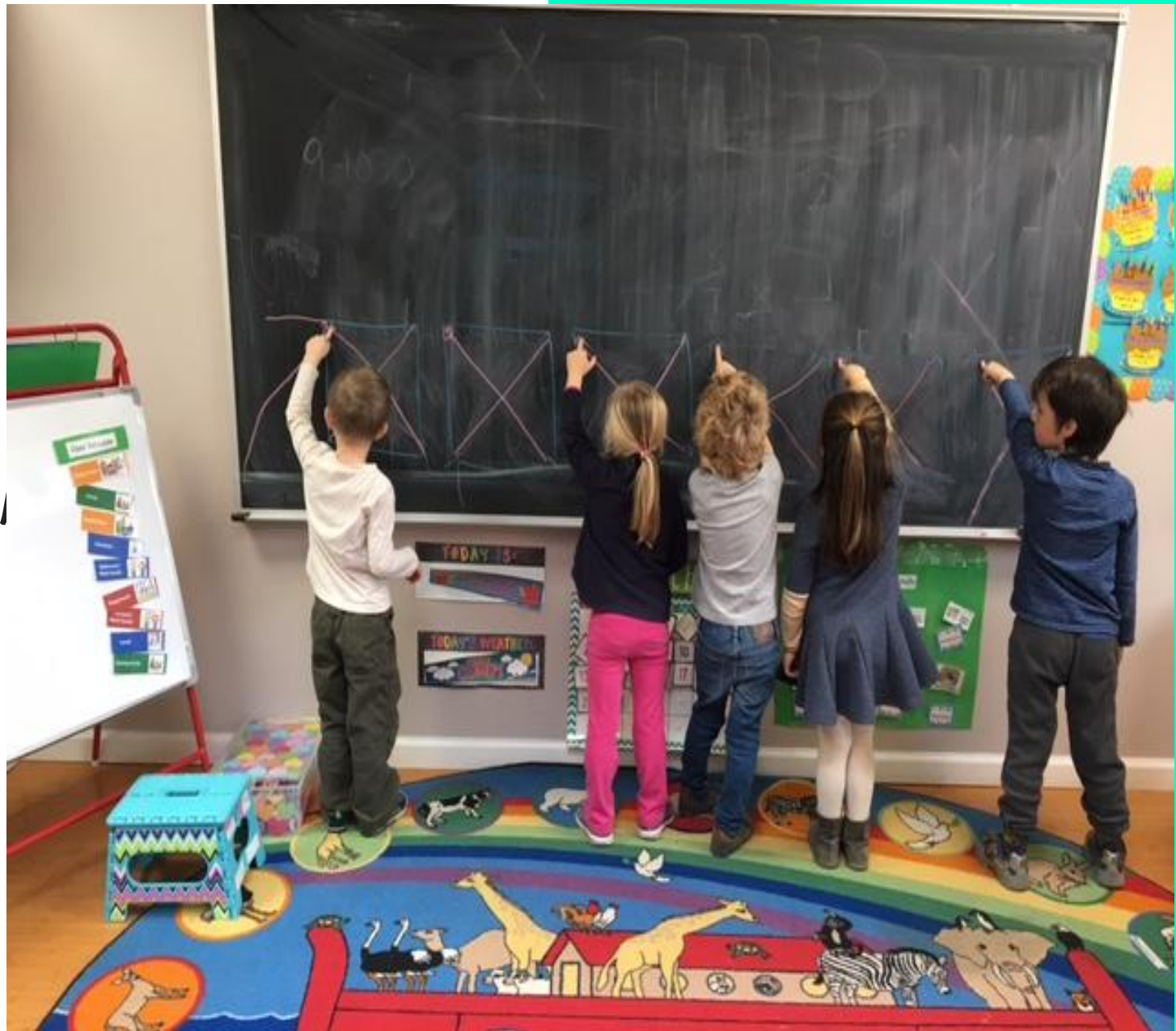


WEIGHT BEARING: PRESS THOSE ARMS AND PALMS DOWN



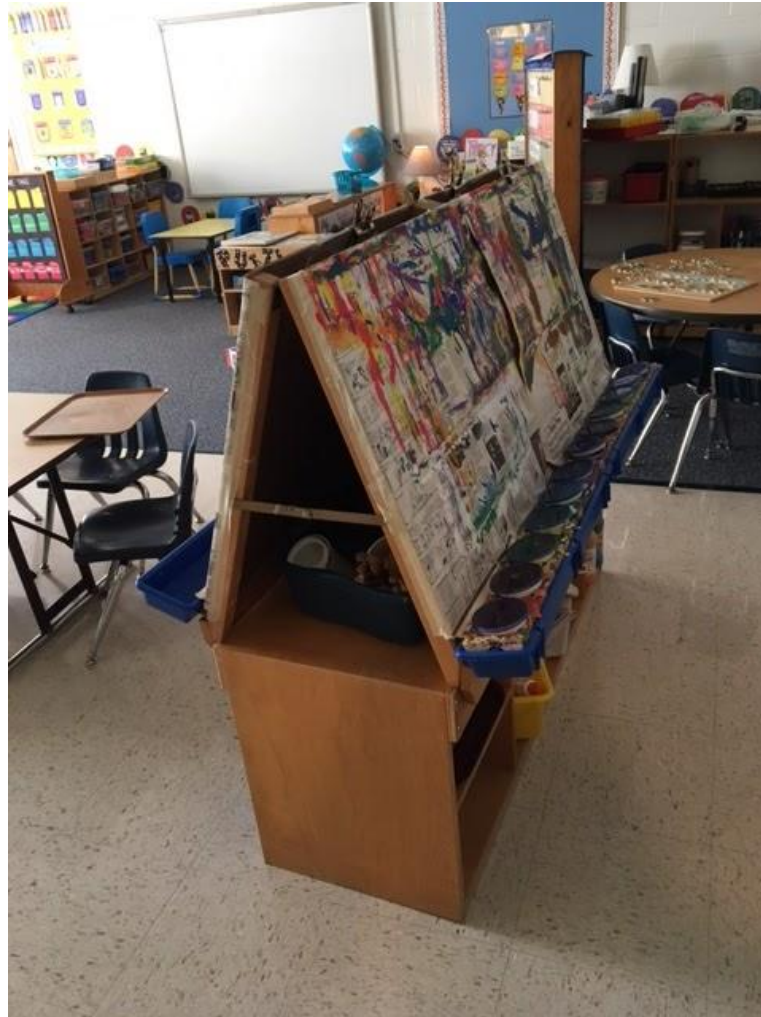






# DEVELOPING HAND STRENGTH







# WAIT, WAIT!

Activities to do  
before hand

- Finger Plays
- Finger exercises
- Talk about finger placement
- Model many times

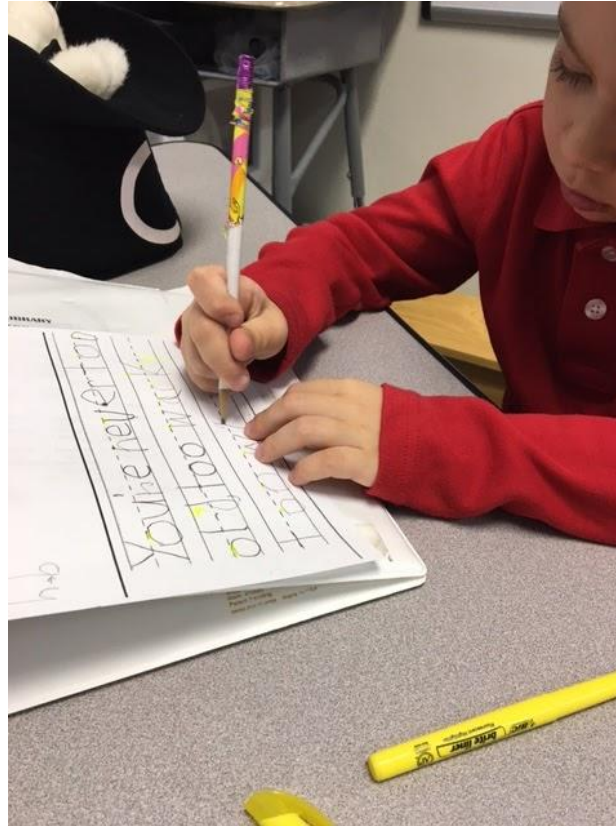


# WAIT! WAIT!

# WANTED: MORE STRENGTHENING ACTIVITIES

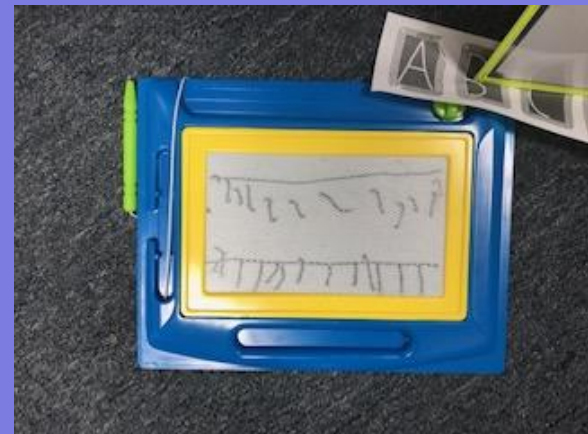
Weak Grip?

- Do Exercises
- Change the TOOL
- DEMONSTRATE
- RePOSITION





DO ACTIVITIES THAT ARE  
INTERESTING...

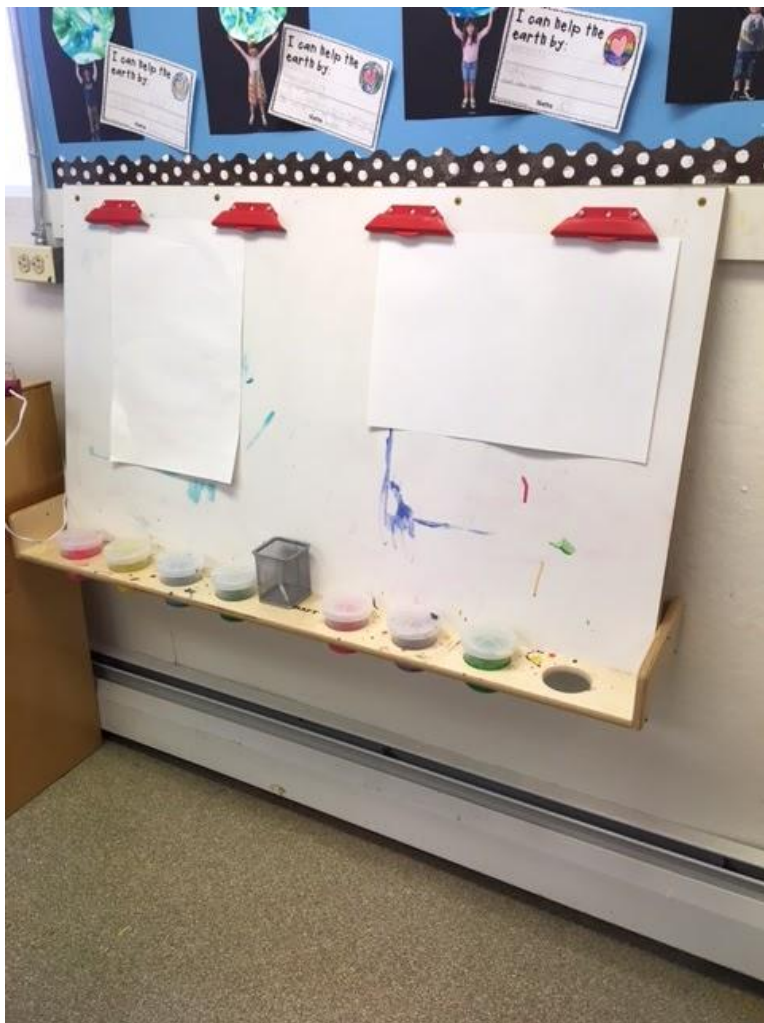






# MAGNET BOARDS







# VERTICAL SURFACES: SLANTBOARDS, EASELS, OR THE HOME FRIDGE



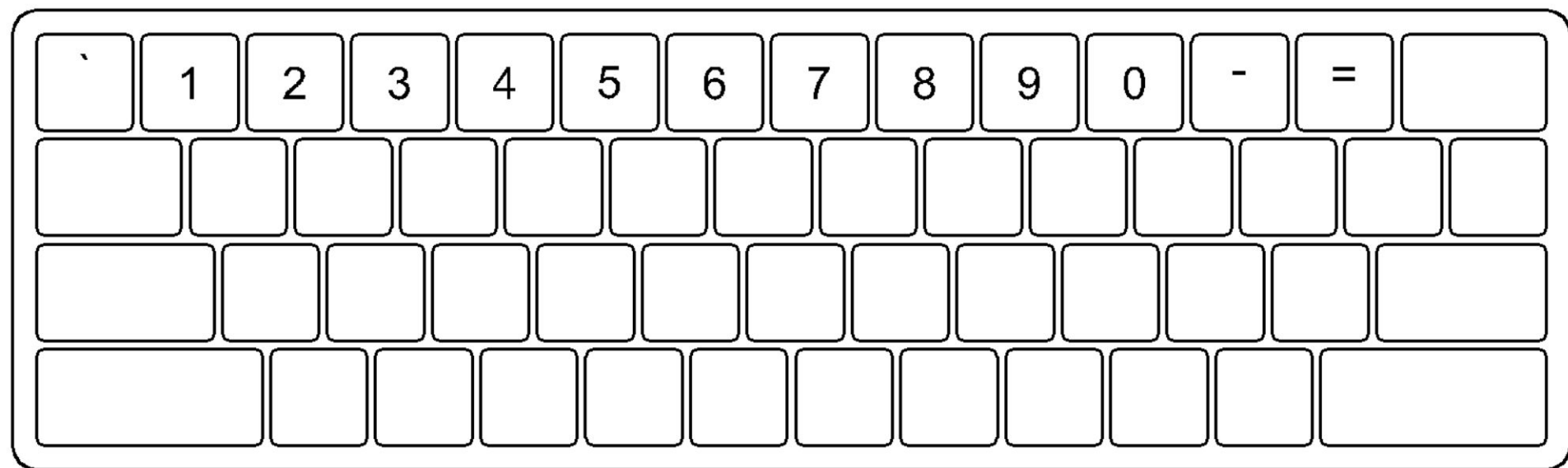
# OPPOSITION WITH A WEAK THUMB



# KEYBOARDING

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**Let's Try and Fill it in!**

PRESSURE







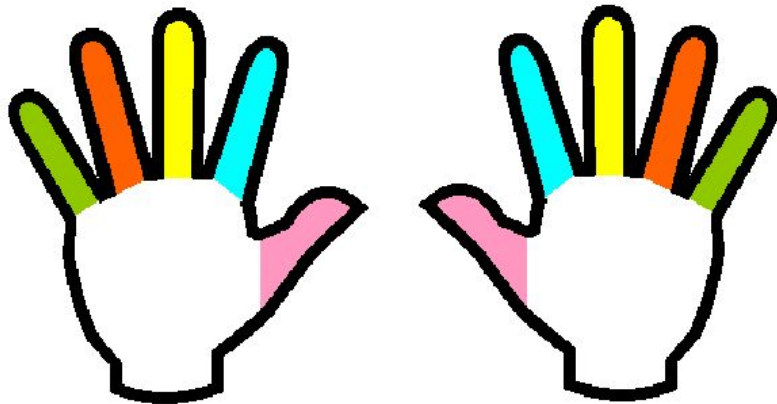
# KEYBOARDING





# COLOR CODE

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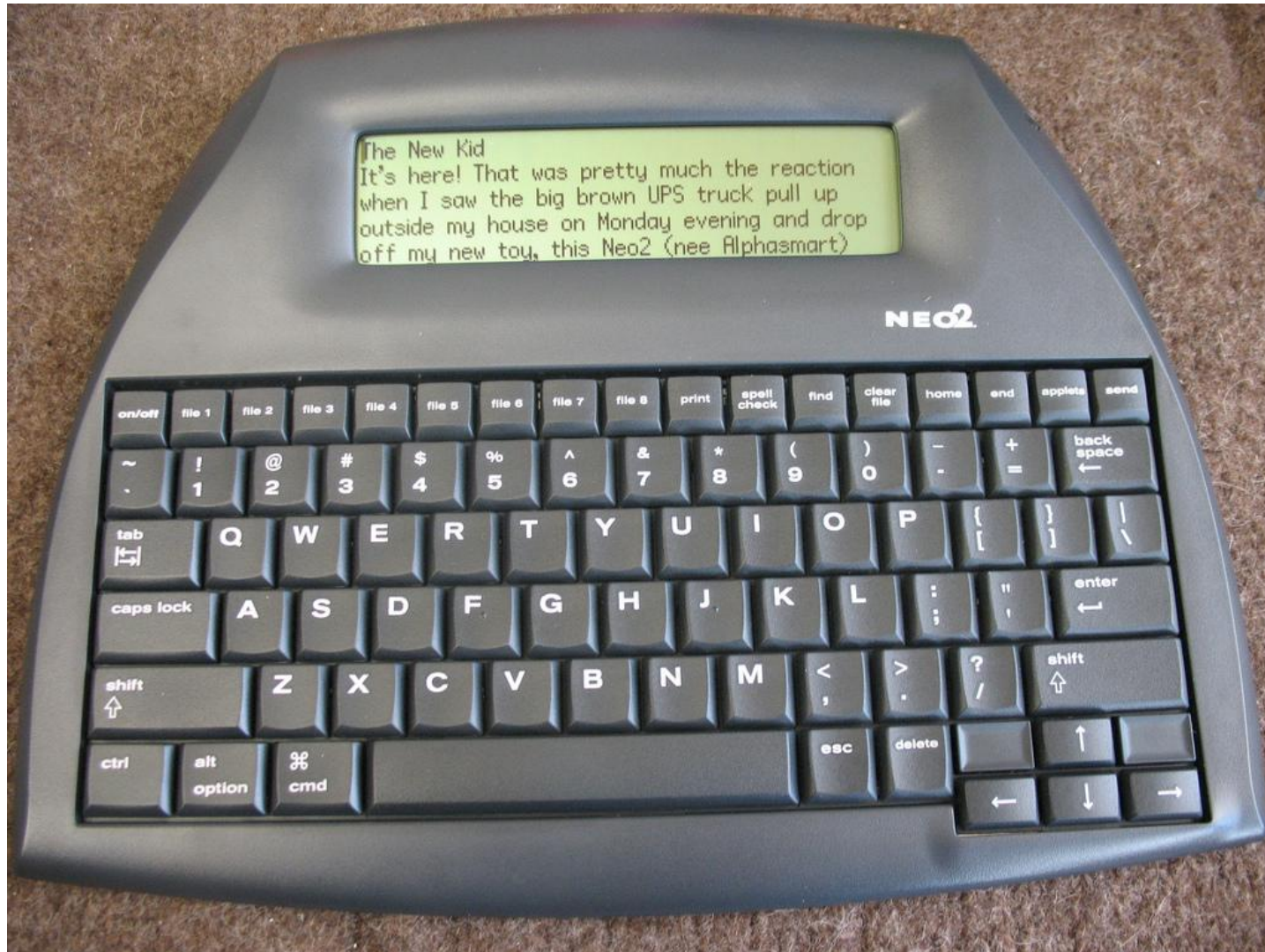
# TYPING CLUB IN CHROMEBOOKS







# ALPHA SMART NEO 2



DEXTERIA FINE MOTOR SKILL DEVELOPMENT APP



DAILY FUN PRACTICE





The image shows a large yellow bulletin board with the title "What Stuck With You Today?" written in large blue letters. The board is covered with many colorful sticky notes, each containing handwritten text or drawings. The notes are pinned to the board with colorful pushpins. The board is decorated with a colorful border of small, colorful triangles along the top and bottom edges. The notes contain various topics, including math problems, definitions, and personal observations. Some notes include diagrams, such as a triangle with angles labeled, a circle with a point, and a rectangle with a point. The notes are arranged in a somewhat organized manner, with some notes grouped together and others scattered. The overall appearance is that of a classroom or a workspace where people are sharing their thoughts and ideas.



Questions and Answers

NEXT....  
SENSORY STRATEGIES  
FOR LEARNERS WITH  
AUTISM