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Music & Autism: Where Words Fail, Music Speaks

- Attention, Engagement, Play with YOU!
- Learn Words, Take Turns, and Imitate too.
- Follow Directions, Answer and Ask.
- Social Skills and Daily Tasks.

Some of these songs below are available as recorded songs on www.TalkItRockIt.com

Attention and Engagement

I Am Swinging, © Rachel Arntson, 2005

I am swinging, swinging, swinging. I am swinging. Ooo whee!

Fishie in the Water, © Rachel Arntson, 2009 (Tune of Shortnin' Bread)

Fishie in the water, fishie, fishie. Fishie in the water, swim, swim, swim.

Row, Row, Row Your Boat ® Rachel Arntson, 2005

Row, row, row your boat. Fishie swim. Row, row, row your boat. We fall in.

Ahchoo, © Rachel Arntson, 2010 (Tune of Pop Goes the Weasel)

I am a little puppy playing peek-a-boo. Got a tickle on my nose.

Ah ah choo! Woof woof! Ah ah choo! Woof woof!

Here Comes the Mousie, © Rachel Arntson, 2007

Here comes the mousie living in a housie. Is he there? Is he there? No, he's there!

Horsie Go to Town, Author unknown

Horsie, horsie go to town. Horsie, horsie don't fall down!

Bouncy, ® Rachel Arntson, 2007

Bouncy, bouncy, bouncy. Bouncy, bouncy, bouncy.

Bouncy, bouncy, bouncy. Now we stop. Wait! Wait! Ready, set, go!

Brinca, ® Rachel Arntson, 2007

Brinca, brinca, brinca. Brinca, brinca, brinca. Brinca, brinca, brinca. Brinca. Para! Esperate, esperate. Uno, dos, tres!

Who Are You? ® Rachel Arntson, 2010 (Use the tune 99 Bottles of Pop)

Who is the dog today? Jacob is the dog today. And what does the dog say? Woof, woof, woof.

Play with YOU!

Ball, Ball, Ball ® Rachel Arntson, 2007 (Tune of Rock Around the Clock Tonight)

Ball, ball, ball. Throw the ball. Ball, ball, ball oh that's about all.

I'm gonna throw, throw throw the ball to you.

Throw, throw, throw that's what I do.

I'm gonna throw, throw, throw the ball to you.

In, Out, Up Down, ® Rachel Arntson, 2007

In, out, up, down. In, out, up, down.
Over, under, all around. Over, under,
all around.
Put your puppy in. Puppy in. In, in. In,
in.
Take your puppy out. Puppy out. Out,
out. Out, out.

Puppy, Puppy, Puppy ® Rachel Arntson, 2003

Woof woof woof (your turn) woof woof
woof
Woof woof woof (your turn) woof woof
woof
Puppy, puppy, puppy. Puppy won't you
play with me.
Puppy, puppy, puppy. I love my puppy.
Oh he can jump (your turn) jump. And
he can roll (your turn) roll.
And he can run (your turn) run. Have
lots of fun. (repeat)

Learn Words

Milk and Juice ® Rachel Arntson, 2007

Do you want MMMilk (your turn)
MMMilk
Or how about juice, juice, juice (your
turn) juice, juice, juice
Well, let's see... milk in a cup, juice
with a straw.
Drink it, drink it, slurp, ahh (repeat)

Cookie Tune of Tiny Tim the Turtle © Rachel Arntson, 2009

Cookie, cookie, cookie. Cookie, cookie,
cookie.
Cookie, cookie, cookie. Yummy,
yummy, yummy.

Baby Blowing Bubbles © Rachel Arntson, 2007

Baby blowing bubbles, bubbles,
bubbles. Baby blowing bubbles. Up,
Up, Up.
Baby blowing bubbles, bubbles,
bubbles. Baby blowing bubbles. Up,
Up, Up.
Baby blowing bubbles on her nose.
Baby blowing bubbles on her toes.
Baby blowing bubbles in her hair. Baby
blowing bubbles everywhere.

Take Turns and Imitate, Too

Roly Poly, Author Unknown

Roly poly, roly poly. Clap, clap, clap. Clap,
clap, clap.
Roly poly, roly poly. Up, up, up. Up, up, up.
Roly poly, roly poly. Down, down, down.
Down, down, down.
Roly poly, roly poly. Clap, clap, clap. Clap,
clap, clap.

Walking Elephants, © Rachel Arntson, 2010

Walking elephants. Walking elephants.
Raise your trunk. Raise your trunk.
Walking elephants. Walking elephants. Let's
call more elephants to come.
Hey elephants. Here they come. (stomp your
hands on your lap)
Hey elephants. Let's go again.

Hippo Song, Author Unknown

A hip, a hip, a hippopotamus. He climbed.
He climbed. He climbed into the bus.
And all the people on the bus said, "You're
squishing me."

Shake and Wave, ® Rachel Arntson, 2005

Shake, shake, shake your scarf. Shake,
shake, shake your scarf.
Shake it in the sky. High, high, high, high,
really high
Shake it down low. Low, low, low, low, really
low
Shake it to the side. Side, side, side, side,
side, side
Shake it on the other side. Side, side STOP!
(Recite the second verse with "wave your
scarf.")

My Eyes, Eyes, Eyes, Tune of the Mexican Hat Dance © Rachel Arntson, 2008

My eyes, eyes, eyes. My nose, nose,
nose. My mouth, mouth, mouth. My toes,
toes, toes.
My eyes, eyes, eyes. My nose, nose,
nose. My mouth, mouth, mouth. My toes,
toes, toes.
Na, na, na, na, na, na, na. Na, na, na, na,
na, na.
Na, na, na, na, na, na, na. Na, na, na, na,
na, na.

Follow Directions, Answer and Ask

Stand Up © Rachel Arntson, 2010

If you're the monkey, the monkey, the monkey. If you're the monkey, stand up!
If you're the bird, the bird, the bird. If you're the bird, stand up!
If you're the bee, the bee, the bee. If you're the bee, stand up!
If you're the lion, the lion, the lion. If you're the lion, stand up!
If you're the puppy, the puppy, the puppy. If you're the puppy, stand up!
If you're the duck, the duck, the duck. If you're the duck, stand up!

Stand up if you're the monkey. Stand up if you're the bee.
Stand up if you're the lion. Yes-sir-ee.
Stand up if you're the puppy. Stand up if you're the bird.
Stand up if you're the duck. Yes, you heard.

Hooray! © Rachel Arntson, 2010

Puppy, puppy. What do you say? "Woof," says the puppy in his puppy way.
Puppy, puppy. What do you say? "Woof, woof." Hooray! Woof, woof. Hooray!

I'm Going to a Party, (Tune of Tiny Tim the Turtle) © Rachel Arntson, 2009

I'm going to a party with lots of food and fun.
I'm going to a party. I'll stay until it's done.
Who's bringing pizza? (I'm bringing pizza.)
Erik's bringing pizza. Isn't that sweetza?
Juice, cake, ice cream, bubbles, balls, party hats, etc.

Social Skills

Hi ® Rachel Arntson, 2004

Hi, Hi, Hi (your turn) Hi, Hi, Hi
Hi, Hi, Hi (your turn) Hi, Hi, Hi
Hi puppy, Hi puppy. Hi shoe, Hi shoe
Hi kitty, Hi kitty. Hi to you. Hi to you.
Hi baby, Hi baby. Hi bee, Hi bee
Hi apple, Hi apple. Hi tree, Hi tree

Bye Bye ® Rachel Arntson, 2003

Good bye friends. I had fun singing songs and talking a ton.
But now it's time to say bye bye. Bye, bye, bye.
Bye baby. Bye ball. Bye bubble. Bye doll.
Bye monkey. Bye car. Bye table. Bye star.
Bye puppy. Bye boat. Bye bottle. Bye coat.
Bye, bye, bye, bye. Bye, bye, bye, bye. Bye, bye, bye, bye. Bye, bye, bye.

Someone's Here Today, Author unknown

_____ 's here today. _____ 's here today. Yeah _____ !

Who's in the Window, © Rachel Arntson, 2006 (Tune of I'm a Little Teapot)

Who's in the window. Who says, "Hi."
Jacob, Jacob, Jacob's saying "Hi." Hi, Hi, Hi, Hi, Hi, Hi.

Daily Tasks

Wash Your Hands (Shortnin' Bread) © Rachel Arntson, 2005

Wash your hands now. Wash, wash, now.
Wash your hands now. This is how.

Turn the water on like this.
Get some soap now. Just one push.
Rub your hands and get them wet.
Rub, rub, rub, rub, rub! That's it!
Rinse the soap off. Grab a towel.
Dry your hands now. Yes! That's all!

It's Time to Get Dressed (Farmer in the Dell) © Rachel Arntson, 2006

It's time to get dressed. It's time to get dressed.
Shirt, pants, socks, shoes, and all of the rest.

I put on my shirt. I put on my shirt.
I put it on my head and PULL. I put on my shirt.
Pants, I put them on my legs and PULL
Socks, I put them on my feet and PULL
Shoes, I put them on my feet and PULL

I Can Put My Jacket On (Camptown Races) © Rachel Arntson, 2006

I can put my jacket on. Jacket. Jacket.
I can put my jacket on. Hey! Hey! Hey!
Put my arm in here. Other arm in there.
I can put my jacket on. Hey! Hey! Hey!

I can zip my jacket up. Zip it. Zip it.
I can zip my jacket up. Hey! Hey! Hey!
Grab the little tag. Put up to the top.
I can zip my jacket up. Hey! Hey! Hey!

I Brush My Teeth (Tune- BINGO) © Rachel Arntson, 2006

I brush my teeth in the morning. I brush my teeth at night.
I brush them with my toothbrush. I keep them clean and white.

I go ch, ch, ch, ch, ch, ch, ch, ch, ch, ch,

I brush my teeth from front to back. My mommy helps me, too.
I won't be scared to brush my teeth. 'Cuz I'll be all done soon.

Dentist Day © Rachel Arntson, 2005

(Rockin' Robin)

I'm going to the dentist with a great big chair.
It goes up and down, but I won't be scared.
I'll open my mouth so the dentist can see,
Lots and lots of teeth in me.

Ch, ch, time to polish my teeth.
Ch, ch, this polish tastes so sweet.
Ch, ch, It's a dentist day.
Ch, ch, I'll be OK.

Haircut Day © Rachel Arntson, 2005
(Shortnin' Bread)

I'm gonna get a haircut in a great big chair.
It goes up and down, but I won't be scared.
I'll sit real still so the lady can cut,
With scissors or clippers.. Cut, cut, cut.

Cut, cut. I'll see my hair on the floor.
Cut, cut Now she'll cut some more.
Cut, cut, I will be OK.
Cut, cut, It's a haircut day.

Fire Drill (Ring Around the Rosie) © Rachel Arntson, 2006

Fire drill, fire drill, really loud fire drill
Take a breath, oooo ahhh. Time to get in line.

Stand in line with your friends. Walk out the door
Take a breath, oooo ahhh. Walk some more

Fire drill, fire drill. Walk, walk, walk, walk
Take a breath, oooo ahhh. Soon the noise will stop.

I Love, © Rachel Arntson, 2003 (Tune of London Bridge)

I love bubbles. (bubbles) I love rocks. (rocks) I love blankies. (blankies)
And I love socks. (socks) I love pickles, (pickles) and I love cheese. (cheese)
I love orange juice freshly squeezed. (Me, too!)
(Kids repeat each object name.)
I love bubbles. I love rocks. I love blankies. I love socks.
I love pickles, and I love cheese. I love orange juice freshly squeezed. (Kids: Me too!)

Scrambled Eggs © Rachel Arntson, 2005

Scrambled eggs in the microwave (4 times)
Break the egg (break the egg)
Stir it up (stir it up)
Cook it for a minute (cook it for a minute)
Eat it up (eat it up)

Big Bear Breathing © Rachel Arntson, 2005

(Shortnin' Bread)

Big bear breathing, breathing, breathing. Big bear breathing, (breathe in, exhale)
(repeat)

Breathe in slowly through your nose. Watch your tummy as it grows.
Fill it like a big ballon. Let the air out pretty soon.

Now you open up your mouth. Slowly let the air come out.

Feel your tummy. It goes down. Make your mouth do a gentle yawn.

Breathe in (inhale loudly) Put your hands by your tummy to watch it grow.

Breathe out – Ahhh, Put hands by your tummy to watch it go in.

Breathe in (inhale loudly) Breathe out – Ahhh.

All Done © Rachel Arntson, 2005

All done. All done. All done playing. All done. All done toys.

All done. All done. All done working. All done. All done.

Clean up. Clean up. Toys in a box. Clean up. Toys on a shelf.

Clean up. Clean up. All done playing. Clean up. Let's all help.